

OCTOBER 2022 / 5782

COMMUNITY NEWSLETTER

GARDEN OF PALMS

Where You Live Matters

OCTOBER 12

SUKKAH HOP

*Celebrate Sukkot with us
at the Hirsch's Sukkah*

BEGINNING 10/10
USHPIZIN

Throughout Sukkot!

10/31

HARVEST PARTY

IT'S
COSTUME
TIME!



Celebrate the High Holy Days

*Celebrate the Jewish New Year during the peak of its spiritual season...
beginning with Rosh Hashanah (9/25) and ending with Simchat Torah (10/18)*

Rosh Hashanah, Yom Kippur, Sukkot, Shemini Atzeret, Simchat Torah

RESIDENT SPOTLIGHT

PARVIN & LALEZAR Y.



This lovely couple have been married for 68 years! They have two children, and six grandchildren. Parvin was a housewife, but as the daughter of a great tailor, she could make really make gorgeous clothing. Lalezar was initially a wholesaler merchant of tea, and he later operated a trading office where he specialized in high-end tailored Italian men's suits, and ran an antique rugs gallery, too. Parvin's hobbies are cooking and her family. Lalezar loves music and sports.



RESIDENT SUKKOT HAPPY HOUR!

The Happiest Happy Hour Ever

Meet and Get to Know
ALL OF OUR RESIDENTS!

And learn more about
our Residents of the Month,

Parvin & Lalezar Y.

on THURSDAY, OCTOBER 13 AT 1:00 PM



Celebrate all of our October
Resident Birthdays at our

Birthday Party

FRIDAY, OCTOBER 30
AT 12:00 PM

RESIDENT BIRTHDAYS

Mina D.	10/07
Sharon M.	10/10
Phyllis K.	10/21
Margarita Y.	10/25

HOLIDAY CELEBRATIONS

10/04	Yom Kippur begins
10/09	Sukkot begins
10/10	Columbus Day/ Indigenous People's Day
10/12	Shemini Atzeret
10/17	Simchat Torah
10/24	Nat'l Pumpkin Day
10/25	Nat'l Pasta Day
10/28	Nat'l First Responders Day

RELIGIOUS SERVICES

Torah Studies Wednesdays:
A Deep Dive at 10:30 a.m.

Shabbat Services
Fridays at 3:30 p.m.
Saturdays at 10:00 a.m.

Transportation & Concierge Information

In our communities, complete peace of mind is our priority. Enjoy the journey of senior living starting from the comfort of concierge transportation services.

Monday, Wednesday and Friday will have advertised outings and shopping trips.

Tuesday and Thursday are available for Medical Appointments. Please make your reservations with our Concierge at (323) 656-7900 today!

Jewish Film SHOWCASE *The Red Sea Diving Resort*



Dive right into this 2019 thriller spy Netflix film directed by Israeli Gideon Raff (co-developer of the Showtime *Homeland* series) about a covert operation to rescue the Ethiopian-Jews from Sudan and bring them to safe haven in Israel. The film is loosely based on the events of Israel's Operation Moses and Operation Joshua in 1984-85 that used as a base the once-abandoned holiday resort on the Sudanese Red Sea coast to smuggle these Jews out of Sudan and into Israel.



WEST LA COLLECTIVE CONCERT

Sunday, 10/02 | 12:00 noon

Enjoy individual musical performance on a rotating basis brought to us by talented young musical students.

SUKKAH HOP TO THE HIRSCH'S!

Wednesday, 10/12 | 1:00 pm

Let's Sukkah Hop on over to Rena's Sukkuh to enjoy some special holiday treats!



LACMA MUSEUM ADVENTURE

Wednesday, 10/26 | 11:30 am

It's time to visit the largest museum in the West and connect with cultures from ancient times to today's modern times.

LIVE ENTERTAINMENT W/MANEE VALENTINE!

Monday, 10/31 | 3:00 pm

Enjoy a bit of spicy live entertainment with this talented international master crooner, who brings us jazz with class and pizzazz!



RESIDENT COUNCIL MEETING

Monday, October 24 at 2:00 p.m.



Every Yom Kippur, Jewish tradition requires a strict spiritual inventory. You aren't supposed to just sit around feeling guilty, but to take action in the real world to set things right.

~ Naomi Wolf



Lady Thistledown's SOCIETY PAPERS

October 2022

EXTRAORDINARY PEOPLE, EXTRAORDINARY NEWS

Gentle Reader

Making beautiful music this month is one of our newest residents, Jean K. She and her late ex-husband, bassist Jimmy Bond of the legendary *Wrecking Crew*, hung out with this extraordinary set of musicians who played on hundreds of recordings alongside renown musicians like Randy Newman, Frank Zappa, Nina Simone, Linda Ronstadt, Lou Rawls, BB King, Sonny and Cher, The Birds, Bob Dylan, and many more! Jean even had her own radio talk show, "*From the Inside Out*"!

Speaking of superstars, our SOUL program welcomes back Mikel and and front desk favorite, Bobby! New mother Bobby will be a natural as our SOUL Nala for our lucky residents! Rounding out this terrific trio is Rena, who recently assumed the reins as our new executive director!

Cheers and Ta Ta!



EMPLOYEE OF THE MONTH JUAN GARCIA Maintenance

Meet Juan Garcia, our employee of the month. Born in Durango, Mexico, Juan moved to the U.S. in 1999 with his family. Juan enjoys reading, playing basketball and keeping fit. If you spend any time in Garden of Palms, you will see Juan running from one room to another, building, fixing, painting and maintaining our beautiful community. Thank you, Juan, for making sure everything here runs smoothly.



CELEBRATE THE High Holy Days

SEPTEMBER 25 TO OCTOBER 16

If the Jewish year were a train, the High Holy Days would be its engine. These ten “Days of Awe” are a fine blend of joy and dignity, feasting and fasting, prayer and dancing, regret, reflection and celebration. The High Holy Days mark the height of the Jewish New Year.

The High Holy Days actually began with the Jewish New Year, Rosh Hashanah, back in September 2022, and are followed by the Day of Atonement (Yom Kippur), Sukkot, Shemini Atzeret, and ends with the holiday of Simchat Torah.

At Garden of Palms, we recognize this important time of year with a myriad of planned events and discussions, so please look to our October calendar to join in.

High Holy Days *Main Events*

- 10/04 Pre-Fast Yom Kippur Meal
- 10/04 Yom Kippur Services
w/Rabbi Gerry Corn
- 10/05 Neilah Services
w/Rabbi Gerry Corn
- 10/05 Yom Kippur Break Fast
- 10/09 Sukkot Meal
- 10/12 Sukkah Hop to the Hirsch’s
& Happy Hour in Rena’s Sukkah
- 10/17 Discussion of the meaning of
Shemini Atzeret
- 10/18 Discussion of the importance of
Simchat Torah

Yom Kippur

DAY OF ATONEMENT

October 4-5, 2022

10th of Tishrei

Yom Kippur is always considered to be the most important holiday of the Jewish faith. This solemn day marks the culmination of the 10 Days of Awe that began with Rosh Hashanah, the Jewish New Year. During these ten days, observant Jews engage in a time of deep introspection, reflection, and repentance. They reflect on their mistakes, attempt to make amends, and ask for forgiveness both from God and from the people whom they have perhaps wronged during the past year. They also contemplate their past good deeds and the “*teshuvah*” (act of repentance) they may have performed prior to Yom Kippur.

History tells us that the first Yom Kippur took place after the Israelites’ exodus from Egypt and their arrival at Mount Sinai, where God gave Moses the Ten Commandments. When Moses came down from the mountain, he found his people worshipping a golden calf, so he cast down the sacred stone tablets in anger, shattering them. The Israelites then atoned for their idolatry, God forgave them for their sins, and gave Moses a second set of tablets.

Yom Kippur is observed with a 25-hour fast and the attendance of a special religious service. We will offer Yom Kippur services on 10/04 at 5:00 pm following our earlier Pre-Fast Meal at 4:00 pm.

G'mar chatima tova!

Ushpizin (Aramaic)

10th - 16th

Ushpizin is a type of prayer cited when one enters and sits in the *Sukkah*. Please join us for these *Ushpizin* prayers and various discussions throughout Sukkot.

- 10/10 Ushpizin: Avraham
- 10/11 Ushpizin: Yitzchak
- 10/12 Ushpizin: Yaakov
- 10/13 Ushpizin: Yosef
- 10/14 Ushpizin: Moshe
- 10/16 Ushpizin: King David

Focus on Queen Elizabeth II

(1926 to 2022)

After living a long and very consequential life, Queen Elizabeth II passed away at the age of 96. Having pledged that her “whole life, whether it be long or short, shall be devoted to your service and the service of our great imperial family to which we all belong.” Elizabeth Windsor was sometimes referred to as the “Servant Queen.” Across the globe, the world pays tribute to this incredible woman, reflecting on the historic sweep of her reign, as she presided over Britain’s colonial empire and eventually, embraced the independence of England’s former dominions.



In London at Westminster Hall, a mile’s long throng of thousands queued up to offer their deep respect and to see their beloved Queen for one final time. The Queen was buried at St. George’s Chapel at Windsor Castle alongside her beloved husband, Prince Phillip, and her father, King George VI, and her mother, Queen Elizabeth The Queen Mother, and her younger sister, Princess Margaret.

Synonymous with Britain itself, and its longest-reigning monarch (seven decades!), we will all miss this unassuming and hardworking Queen. As we mourn, our grief may also likely be colored by the notion that Queen Elizabeth also represents the passage of time in our own lives.



FIRST RESPONDERS DAY

Friday, October 28

Today we recognize the heroic men and women who take immediate action when a disaster strikes. Join us in baking cookies for our first responders at Fire Station 8.



15TH DAY OF TISHRI SUKKOT

*Commemorating the sheltering of the Israelites in the wilderness of Sinai.
Begins at sundown on Sunday, 10/09 and ends at sundown on 10/16.*

Celebrated for seven days, Sukkot is a Torah-commanded holiday that is one of the Three Pilgrimage Festivals (along with Pesach and Shavuot) which were set aside in biblical times for people to travel to the ancient Temple in Jerusalem. Sukkot is referred to in the Torah as *Chag HaAsif*, and translates to the “Festival of Booths.” There is a double significance to Sukkot: the first meaning originates from the *Book of Exodus*, and is agricultural in nature. Sukkot heralded the end of harvest time in ancient Israel. From the *Book of Leviticus* comes the more religiously-oriented significance of Sukkot as it marks the dependence of the people of Israel on the will of God. As Testament to this relationship, it is often called the “Feast of Tabernacles.”

A *sukkah* is a temporary walled dwelling meant to symbolize the structures in which the farmers lived during the time of harvest. It is also intended to remind the Jewish people of the fragile dwellings they lived in during their 40 year travel in the desert after their exodus from Egyptian slavery.

Our community has planned many entertaining and interesting events for the nine days of Sukkot. We’ll discuss the entire story of Sukkot, eat a festive meal (10/09), engage in discussions with Rabbi Brod and Rabbi Begun, and take a Sukkah Hop over at the Hirsch’s! Join us as we look forward to enjoying this wonderful celebratory festival!





TAI CHI WORKOUT w/Cui E Wu
 Thursday, October 13 and 20 at 3:00 pm

The graceful Tai Chi is a wonderful form of exercise that's also used to reduce stress and improve a variety of health conditions. Often described as meditation in motion, this ancient Chinese practice of Tai Chi promotes serenity through its slow, flowing movements as you transition from one posture to the next without pause.

October Funnies

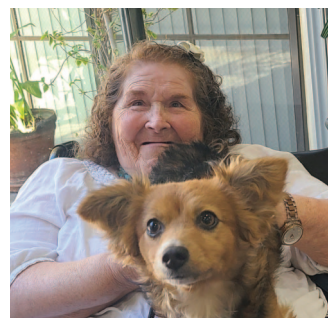


Hmmm... I wonder why?



6 - October 2022

MAKING & LIVING MANY *Memories*





Examine the works of this American Poet Emily Dickenson (1830 - 1886)

While little is known about the life of Emily Dickenson, something most agree on is that she is regarded as one of the most important figures in American poetry. It was after her passing that her younger sister, Lavina, discovered her hidden cache of poems, and her prolific work (numbering around 1800) was made public. Many of the topics of her poems deal with themes of death and immortality, and she also explores aesthetics, society, nature, and spirituality.



Mensch of the Month

Princess Victoria Alice Elizabeth Julia Marie of Battenberg

*Queen Elizabeth II's
 Mother-in-Law*



Most people in the U.S. have never heard of Queen Elizabeth II's Mother-in-Law, Princess Alice of Battenberg. She was Prince Phillip's mother, daughter of Prince Louis of Battenberg and Princess Victoria of Hesse. She was also the great-granddaughter of Queen Victoria. She was born in Windsor Castle in 1885. But that's enough about her lineage.

During World War II, Princess Alice took a Jewish mother and her five children into her home in wartime Athens, and sheltered them from the Nazis as they hunted for Jews from around 1943 to the time of Greece's liberation. There were times when the Germans became suspicious and even interviewed the Princess. Interestingly, Princess Alice had been diagnosed as congenitally deaf by the age of eight, but she read lips fluently. She used this handicap to her advantage when interviewed by the Nazis, pretending not to understand their questions as they interrogated her.

A devout Christian, Princess Alice later became a nun, and founded a nursing order of Greek Orthodox nuns. She later withdrew from the world and moved to the island of Tinos. In 1967, she returned to England to be with her son, Prince Phillip, at Buckingham Palace. While there, she expressed her desire to be buried in Jerusalem, near the Grand Duchess of Fyodorovna (killed in the Russian Revolution) who was also a nun. Princess Alice died in 1969, and 19 years later in 1988, her wishes were honored and her coffin was transferred to Gethsemane on the Mount of Olives in Jerusalem.

In 1993, Yad Vashem bestowed upon Princess Alice the title of **Righteous Among Nations** for her actions in WWII. In 2010, she was one of 25 individuals named posthumously by the government of the United Kingdom as a **Hero of the Holocaust**.

SUKKOT CROSSWORD

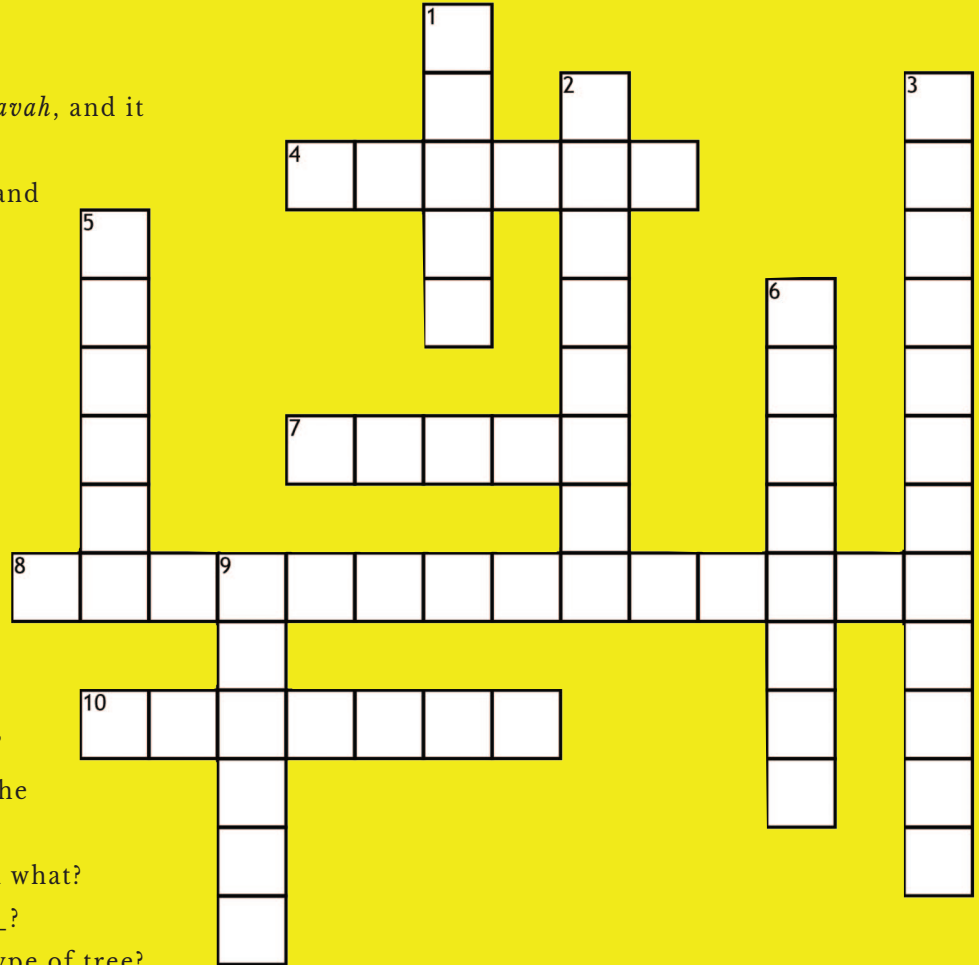
*Crossword answers will be available at the Concierge on the 15th of the month.

ACROSS

- 4 One of the four species is the *Aravah*, and it comes from what tree?
- 7 *Etrog* is one of the four species, and is also familiarly called a _____?
- 8 The Jewish holiday that follows Sukkot.
- 10 The process of gathering crops.

DOWN

- 1 The closed frond of the date palm is called what?
- 2 While holding the four species, each prayer made begins with the word which means "Save, I pray."
- 3 What Jewish holiday celebrates the "Joy of the Torah"?
- 5 The dwelling for Sukkot is called what?
- 6 *Skhukh* literally means _____?
- 9 The *Hadass* is a branch of what type of tree?



Check out community photos on our social media.



REACH OUT TO OUR
FAMILY SPECIALIST

Teea Risley

TO ARRANGE FOR A
LUNCH TOUR TODAY!
(323) 656-7900

MEET OUR TEAM

Rena Hirsch

Amber Leigh

Teea Risley

Dawna Butala

Karla Garcia

Austin Turell

Mikel Sullivan

Tzivia Klein

Alex Casimiro

Executive Director

Business Office Manager

Family Specialist

Hospitality Specialist

Wellness Director

Activity Director

Gardens Soul Director

Activity Assistant

Lead Concierge

OUR SERVICE PLEDGE

We understand that we are responsible for the delivery of excellent Resident service. We represent our company, our communities, and myself. At each "service moment", we will initiate a warm and friendly greeting, treat residents with care and understanding, and communicate clearly. We will do our part to implement the essentials of service excellence.

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